

# My Dinner Book



A Social Story about Trying New Foods

Hi, my name is Danny. My favorite foods are raisins, ice cream, and honey sticks.



I like yummy desserts so much that I sometimes feel angry when I have to try new foods like chicken, toast and fruits and vegetables.



I am such a good boy. I taste 1 bite of each food on my plate! I make my Mommy so happy. After I taste my new foods, I can say "this is good," and keep eating or I can say "I tasted it, but I didn't like it." Then, I am allowed to be excused from the table.



Then I get to go play with my favorites  
toys and, every day, I grow big and strong!

